

LAT PULL DOWN - DUAL PULLEY
JNRB-2010B

- ◆ The leg lock is adjustable to make a comfortable sitting posing for an effective workout. Dual strap grips and pull-down bars can be used for isolateral & bilateral movements respectively. The Jerai Fitness Lat Pull Down provides a maximum weight of up to 165 lbs.

- ◆ **DIMENSION:**
Length : 62 inches / 157 cms
Width : 40 inches / 102 cms
Height : 90 inches / 229 cms
Weight Stack : 165lbs / 75kg

- ◆ **MUSCLE WORKED:**
Erector Spine, Trapezius
Latissimus Dorsi
Rear Deltoids & Biceps

